2023 Programme of speakers at monthly meetings and any planned Social events.

(Updated 08/04/2023. Click Here to download a printable A4 sheet)

The entries for all Social events are indented and coloured blue.

Details of times, prices etc will be presented at Club meetings or you can contact the Social Secretary about Social events, and, the Honorary Secretary or Speaker Secretary about normal Club meetings.

Jan 3rd Lindsay Whitehouse The sometimes-secret history of an English Prison

Feb 7th No Speaker Annual general Meeting

Mar 7th Peter Regelous A funny thing happened on the way to life - part 2

Mar 15th Quiz night at the Golf Club, a fun night with a meal included

Apr 4th David Webb My time in show business and particularly "Hi-de-HI"

May 2nd Saffron Summerfield Milton Keynes to Mississippi - My Musical Journey

May 13th Garden Party to celebrate King Charles III Coronation, at Frinton Railway Gardens

May 22nd - 26th Club Holiday to Potters, Great Yarmouth

June 6th Nichola Matthews From Actor to Author

(Author of the novel Kitty Canham)

June 8th Keith Banks Golf Competition

July 4th Gary Powell A copper's guide to the dark secrets of London's Squares

Aug 1st Gary Jones How things have changed.

(The history of Early Developments in Emergency Care)

Aug 11th Grand Summer Ball at the Golf Club

Sep 5th Charlie Haylock Charlie and the Dig.

Sep 14th Gentleman's Evening at The Queen's Head, Walton

Sep 20th Theatre Trip to Norwich Theatre Royal, The Drifters Girl

Oct 3rd Georgette Vale Character performance of Lucilla Reeve

Wartime evacuation of a Norfolk Village

Nov 7th Michael Chaplin The Rise and Fall of Local Papers

(Former Editor of the East Essex Gazette)

Nov 17th Film night at the Golf Club

Dec 5th Probus Christmas Lunch at the Frinton Golf Club

A Snooker Competition is yet to be confirmed, so watch out for this and any other events at the monthly club meeting.